

Annual Report 2018



Dear Sirs,

I would like to present to you our Annual Report on activities of Poland Business Run Foundation summarizing the whole year of our intense work.

As some of you may know our mission from the very start of our organization is to help people with motor disability, to support their professional activation and to eliminate social barriers. In order to meet these objectives we carry out social and charity projects the biggest of which is the business relay Poland Business Run.

Thanks to the funds raised we bring back “on their feet” motor disabled people by co-financing purchase of prostheses and orthopaedic equipment, funding psychological consultations and valuable rehabilitation sessions.

In 2018 we have supported 84 beneficiaries Poland wide. In total, from the beginning of the Poland Business Run project we have improved life quality of over 434 motor disabled people. This year we have also set up Poland Business Run Rehabilitation Center “On the Run Again” the first place in Poland offering comprehensive help to amputees.

None of this would have been possible without the support and commitment of many wonderful people, companies, institutions and organizations. Therefore the Report you are holding in your hands is not only a summary of our year’s work but also a bow to all those for whom the mission of our Foundation is dear and who help us every day fight for a better future of people with motor disabilities. The Report is also an invitation to contact us and work together in the future.

I kindly invite to you to read this Report.
Agnieszka Pleti
President of Poland Business Run Foundation



We buy equipment “Back on Feet”

Few of us is aware of the fact that the cost of a professional arm or leg prosthesis ranges from dozens to several hundreds Polish zloty. Most people cannot afford them which is why, apart from recovering, they also struggle with obtaining funds for an artificial limb or medical equipment to return to physical fitness and independence. This is where our Foundation helps.

Until 2017 we have managed to support 350 people with motor disability. As part of this year’s Poland Business Run we have collected 1 773 574. 44 PLN gross thanks to which further 84 beneficiaries received help.

Help provided in 2018

84 – beneficiaries, including:

37 – prostheses and their components

13 – wheelchairs, medical and rehabilitation equipment

2810 – rehabilitation hours

603 936, 78 PLN – funds for prostheses and their component

132 046, 00 PLN – value of the purchased medical equipment

280 990, 60 PLN – funds for invaluable rehabilitation hours

250 000, 00 PLN – funds for establishing Rehabilitation Center “On the Run Again”

„It was my dream to have at home a device which would help me stand on my feet. The help I have received will be a great support for my rehabilitation. The purchased standing frame will help me exercise every day. Till now I could only do it once or twice a week at my rehabilitation sessions.”

Grzegorz Pala, beneficiary of Warsaw Business Run 2018

„When I enter the court and sit on the sport wheelchair I forget about everything around me. Only the game counts. The new equipment, which I couldn’t afford myself, will be for me a great motivation to aim high and set further goals. I will be able to train even more without worrying that my rugby wheelchair will break and will need a repair again.”

Łukasz Brudek, beneficiary of Rzeszów Business Run 2018

„The prosthesis I use now is almost 10 years old and shabby. Hip basket is uncomfortable and difficult to function with. I have already tested the basket I will have in my new prosthesis and in this one I feel stable and safe. Electronic knee will improve comfort of my life. I have just graduated and I am looking for a job so the new prosthesis will be more than welcome.”

Ewa Harapin, beneficiary of Wrocław Business Run 2018



We provide comprehensive rehabilitation - Rehabilitation Center “On the Run Again”

We know how important rehabilitation is in recovery and regaining independence. Rehabilitation Center “On the Run Again” is the first in Poland venue gathering specialists experienced in working with amputees.

Beneficiaries of our Foundation and other patients will find there comprehensive support, among others physiotherapist, orthopaedist, diabetologist, dietitian, geriatrician, podologist and psycho-traumatologist. Also comprehensive rehabilitation is available, including sensory therapy. All sessions with specialists are tailored to patient’s individual needs. Both, Kraków residents and people from across Poland are invited for special rehabilitation camp.

„Till now I didn’t dare to walk by myself and today I have made a couple of steps without any help. This is incredible feeling.”

Beneficiary of Łódź Business Run 2018 Marta Matuszewska, the first participant of rehabilitation camp

We share our passion! - Adaptive Snow Camp 2018

We know very well that training sport can substantially improve life quality of people with motor disability and can have positive impact on their physical health. This is why in January 2018 we organized Adaptive Snow Camp 2018 in Szczyrk - first in Poland snowboard camp dedicated to people with motor dysfunctions and amputees.

Snowboarding lessons:
30 hours of practical lessons,
10 hours of theoretical lessons

Team consisting of snowboard instructors, including paralympian Wojciech Taraba, and physiotherapist, repairer, psychologist, and prosthetist.





Support Trainers

Support Trainers are people who have learnt to independently move on a wheelchair or with a prosthesis and returned to their everyday activities. They fully understand each stage of adjusting to new reality and are able to empathise with the needs of key project recipients - people on wheelchairs and those waiting for amputation or just after such a surgery.

Support Trainers accompany patients in their process of treatment and/or after amputation. They analyze beneficiary's needs and provide them with personalized and tailored help.

At the same time they receive an opportunity to develop and become professionally active.

Implementation of this initiative was possible thanks to financial support as part of Innovations Tailored to Human Needs. The second edition of the project was financed from the funds of State Street Foundation.

2

stages

19

project
participants

Objectives:

- ✓ Professional activation: Amputee's assistant
- ✓ Support for amputees

Beneficiary Day

Every June, Kraków, the city where our Foundation is based, becomes venue for a unique meeting. On Beneficiary Day the city welcomes individuals from different parts of Poland whom we have already helped or whom we are going to help in co-financing prostheses or rehabilitation. In 2018 it was already the 4th edition of this event.



Via charity relay Poland Business Run we join business in Poland for a good cause

We offer comprehensive support for amputees in Rehabilitation Center „On the Run Again”

We activate people with motor disability by sport; Adaptive Snow Camp 2018

Activities of Poland Business Run Foundation

We co-finance medical equipment and prostheses, fund rehabilitation

We support professional activation of people with motor disabilities by offering them invaluable help of mobile assistants for amputees - Support Trainers programme.

We stay in touch with our beneficiaries and help them at Beneficiary Day

Poland Business Run

Charity business relay Poland Business Run is the largest of our projects. Every year employees from companies, corporations and institutions in Poland set up 5-people teams and gather at the start line for a good cause. Registration fees are forwarded to support our beneficiaries.



This year the Run took place on September 2 simultaneously in Kraków, Warsaw, Wrocław, Katowice, Poznań, Łódź, Gdańsk, Lublin and Rzeszów.

On top of that in 2018 we also organized Janosik Business Run that is the first business relay trail race as well as Kosovo Business Run in which soldiers stationed in a military base there took part to help their colleagues wounded while performing the mission.



1 773 574 mln zł

Funds raised to help people with motor disability
*1 651 197 PLN in 2017



9

Number of cities - hosts
*8 in 2017



22 475

Number of runners
*20 135 in 2017



1542

Number of companies which put out their teams
*1363 in 2017



98% runners claim they are very likely to recommend our run to their friends





Do you want to help us help?
We are looking forward to hearing from you and working together!



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